THE RELATIONSHIP BETWEEN KNOWLEDGE LEVELS AND PRACTICE OF DUAL CONTRACEPTION AS A PREVENTION OF UNPLANNED PREGNANCY,ABORTIONS, SEXUALLY TRANSMITTED INFECTIONS INCLUDING HUMAN IMMUNO VIRUS

BY

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A Dissertation submitted in partial fulfilment of the requirement of the Degree of Masters of Science in Nursing Science

UNVESIRTY OF ZIMBABWE

COLLEGE OF HEALTH SCIENCES

DEPARTMENT OF NURSING SCIENCES

June 2015

ABSTRACT

Unplanned pregnancy is the major cause of induced abortion one of the leading causes of maternal mortality and morbidity in the world (Mambolea, 2012). At Morgenster mission hospital there is an increasing number of women presenting with problems related with unplanned pregnancies. This was revealed through a growing number ofwomen aged 15 to24 years admitted following illegal abortion. Hundred thousands of women become pregnant without intending and most of them decide to end the pregnancy in abortions. The purpose of the study was to examine the relationship between knowledge levels and practice of dual contraception as a prevention of unplanned pregnancy, abortions, sexual transmitted infections including HIV infection, among women aged 15 to 24 years at Morgenster mission hospital. Health Belief Model was used to provide the theoretical frame to guide the study. A quantitative, descriptive correlational design was used in this study. A sample size of 84 women was selected using convenient sampling technique. The inclusion criteria were all women aged15 to 24 years enrolled at Morgenster mission hospital. Structured interview schedule was done for 20 to 25 minutes to participant in a private room. Descriptive inferential statistics were used to analyse data. The major findings of the participant had high knowledge on dual contraception. Mean score was 10.6, standard deviation of2. 3 and on practice of dual contraception mean score was 2.6 and standard deviation 2.1 .The findings indicated a positive significant relationship between knowledge levels and practice on dual contraception r =. 260*, p<=0.017.Regression analysis was done andregression coefficient was R squared = .068 which means 6.8% variations or change inpractice of dual contraception is explained by change in knowledge levels on dual contraception. Midwiferypractice should emphasize on practice of dual contraception asof unplanned pregnancy, STIs including HIV during family planning sessions.

DEDICATION

This Dissertation is dedicated to my son Tatendashe Sengwe for his wavering support-“I say the sky is the limit”.

ACKNOWLEDGEMENTS

I wish to express my heart felt gratitude to Dr. Haruzivishe for her efforts, continuous tireless academic, guidance, support and patience during this study was conducted. May the almighty God bless you and may he look after your health. I would like to thank Dr Zvinavashe for laying the foundation on research method. I would like to thank Mrs Kasu for laying a foundation on technology and be able to type my own research. I would like to thank my colleagues for their unwavering support throughout the study.

I would like to thank the Provincial Medical Director and the Medical Superintendent of Morgenster mission hospital for granting me permission to conduct the study at the institution. Special thanks to Benedict Hapanyengwi for his assistance in the usage of Statistics Package Social Science (SPSS).Special thanks and express sincere love to my four children Debra, Sylvester, Vimbainashe and Tatendashe for their love efforts tireless support up to the end of the study. I would like to thank my grandchildren Tinotenda and Tinashe who missed ‘’Ambuya’’ when she was a school girl.I would like to thank the study participants for allowing me to carry my study on them. Above all I would express my gratitude to the almighty God for giving me strength and health throughout the study.

TABLE OF CONTENTS

CHAPTER 1: BACKGROUND and ORGANIZING FRAMEWORK 1
1.1 Introduction 1
1.2 Background 2
1.3 Problem Statement 4
1.4 Purpose of the Study 4
1.5 Study Objectives 5
1.6 Research Questions 5
1.7 Significant of the Study 5
1.7.1 Significance to Midwifery 6
1.7.2 Midwifery Education 6
1.7.3 Nursing Research 6
1.8 Hypothesis 6
1.9 Theoretical Framework 6
1.9.2 Conceptual Definitions 10
Summary 10
CHAPTER 2 11
2.1 Literature Review 11
2.2 Contraception 11
2.2.1 Injectables 12
2.2.2 Intrauterine Device 12
2.2.3 Condom 12
2.2.3.1 Advantages of Condoms 14
2.2.3.2 Disadvantages of Condoms 15
2.2.4 Dual Contraception 16
2.3 Unplanned/Unwanted Pregnancy 20
2.3.1 Unplanned Pregnancy Consequences 22
2.4 Abortions 22
2.5 Summary 24

CHAPTER 3: Research Methodology 26
3.1 Introduction 26
3.2 Research Design 25
3.3 Study Site 26
3.4 Sample Plan 26
3.5 Target Population 28
3.6 Accessible Population 28
3.7 Sampling Criteria 28
3.7.1 Inclusion Criteria 28
3.7.2 Exclusion Criteria 29
3.8 Sample Size 30
3.9.1 Sampling Procedure 31
3.9.2 Variables 31
3.9.3 Conceptual and Operational Definition 32
3.9.4 Research Instrument 32
3.9.5 Validity 35
3.9.6 Reliability 35
3.9.7 PILOT STUDY 35
3.9.7 Data Collection Plan 36
3.9.8 Ethical Considerations 37
3.9.9 Data Collection Procedure 37
Data Analysis 38
Summary 39
CHAPTER 4:RESULTS 40
4.1 Introduction 40
4.2 Summary 40
4.3 Sample Demographic Characteristics 41
4.3.1 Knowledge on dual contraception 43
4.4 Practice on dual contraception 49
4.5 Summary 58
CHAPTER 5: DISCUSSION, IMPLICATIONS, and RECOMMENDATIONS 59
5.1 Introduction 59
5.2 Summary 59

5.3 Discussion and Implication.....60
5.3.1 Sample Demographics.....60
5.4 Practice on dual contraception.....63
5.5 Relationship between Knowledge levels and Practice of dual contraception.....65
5.6 Theoretical Framework.....65
5.7 Implications to Maternal Child Care /Midwifery Practice, Education, Research Midwifery/ Nurse Practice.....65
5.8 Education and Research recommendations.....66
5.9 Limitations 66
Summary.....66
REFERENCES.....68
APPENDICES.....75

List of Tables

Table 1: Sample Demographics 42

Table 2: Knowledge levels on dual contraception 44

Table 3: Knowledge on dual contraception 46

Table 4: Categories of knowledge levels on dual contraception 47

Table 5: Total scores on levels of knowledge on dual contraception 48

Table 7: Practice on dual contraception 50

Table 8; Practice on dual contraception 51

Table 9: Practice on dual contraception 53

Table 10: Categories for practice on dual contraception 54

Table 11: Total scores for practice on dual contraception 55

Table 12: Pearson's Correlation output for knowledge levels on practice of dual contraception 56

Table 13: Regression Analysis 57

List of figures

Figure 1: Diagrammatic illustration of the Health belief model as applied to women aged 15 to 24 years' knowledge or use of dual contraception. 11

list of Appendices

APPENDIX I: English Informed Consent Form **75**

APPENDIX II: Shone Informed Consent Form **79**

APPENDIX III: English Data Collecting Form..... **82**

APPENDIX IV: Shona data Collecting Form **88**

APPENDIX V: Permission Letters..... **92**

APPENDIX VI: Time table **96**

APPENDIX: VII:Budget for the study..... **97**

ACRONYMS

ANC;Antenatal care

AIDS;Acquired Immune Deficiency Syndrome

HBM; Health Belief Model

HIV; Human Immune Virus

MOHCC; Ministry of Health and Child Care

UNICEF;United Nations Children s Fund

UNPFA; United Nation Population Fund

UNAIDS; United Nation Programmes on HIV/AIDS

UNDP;United Nations Development Programmes

STI; Sexual Transmission Infections

SAFAIDS; Southern African HIV/AIDS Information Dissemination Service

WHO;World Health Organization

ZDHS;Zimbabwe Demographic Health Survey

ZNFPC; Zimbabwe Family Planning Council